**Woman/Man Plan**

Complete the following to find your perfect partner.

**Desired Gender Partner**

**Man** **Woman**

**Relationship Status**

Single \_\_\_\_\_

Single with Children \_\_\_\_\_

If so, how many and what age range \_\_\_\_\_\_

Divorced \_\_\_\_\_

Divorced with Children \_\_\_\_\_

If so, how many and what age range \_\_\_\_\_\_

Do they want children?

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, how many? \_\_\_\_\_\_\_\_\_\_

Widow/Widower \_\_\_\_\_

**Ethnicity/ies** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Height Man Woman**

5’5” or shorter \_\_\_\_\_ \_\_\_\_\_

5’6” to 6’ \_\_\_\_\_ \_\_\_\_\_

6’1” or taller \_\_\_\_\_ \_\_\_\_\_

**Weight Man Woman**

125 lbs. or less \_\_\_\_\_ \_\_\_\_\_

126 lbs. - 175 lbs. \_\_\_\_\_ \_\_\_\_\_

176 lbs. – 225 lbs. \_\_\_\_\_ \_\_\_\_\_

226 lbs. – 275 lbs. \_\_\_\_\_ \_\_\_\_\_

276 lbs. and more \_\_\_\_\_ \_\_\_\_\_

**Body Types Man Woman**

Slim \_\_\_\_\_ Thin \_\_\_\_\_

Petite \_\_\_\_\_

Medium \_\_\_\_\_ \_\_\_\_\_

Athletic \_\_\_\_\_ \_\_\_\_\_

Heavyset \_\_\_\_\_ Curvy \_\_\_\_\_

Willing to be with an individual with a physical disability?

Yes \_\_\_\_\_ No \_\_\_\_\_

**Eye Color**

Hazel \_\_\_\_\_ Brown \_\_\_\_\_Green \_\_\_\_ Blue \_\_\_\_\_ Gray \_\_\_\_\_

**Hair Color**

Black \_\_\_\_\_ Red \_\_\_\_\_ Blonde \_\_\_\_ Brown \_\_\_\_ Dyed \_\_\_\_\_

Gray \_\_\_\_\_ White \_\_\_\_\_

**Hair Style Man Woman**

Short \_\_\_\_\_ \_\_\_\_\_

Shoulder Length \_\_\_\_\_ \_\_\_\_\_

Long \_\_\_\_\_ \_\_\_\_\_

Bald \_\_\_\_\_ \_\_\_\_\_

Straight \_\_\_\_\_ \_\_\_\_\_

Curly \_\_\_\_\_ \_\_\_\_\_

**Facial Hair**

Clean Shaven \_\_\_\_\_ Beard \_\_\_\_\_

Mustache \_\_\_\_\_ Goatee \_\_\_\_\_

**Religious Beliefs** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Highest Level of Education** \_\_\_\_\_\_\_\_\_\_\_\_

H.S. \_\_\_\_\_\_\_\_ GED \_\_\_\_\_\_\_\_

Community College \_\_\_\_\_\_\_

Trade School \_\_\_\_\_

Some College \_\_\_\_\_

Bachelor’s Degree \_\_\_\_\_

Master’s Degree \_\_\_\_\_

Doctorate \_\_\_\_\_\_

**Write down your top 3 character traits.** (For example, honesty, sense of humor, faithful, etc.)

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Write down 3 “deal breakers”.**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Can they smoke tobacco?**

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, how much and how often? \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Can they use recreational drugs?**

Yes \_\_\_\_\_ No \_\_\_\_\_

How much and how often? \_\_\_\_\_\_\_\_\_\_\_\_\_

**Can they drink?** Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what and how often?

Beer/Wine \_\_\_\_\_ Hard liquor \_\_\_\_\_\_

**Where to you want to live?**

Urban \_\_\_\_\_ Suburban \_\_\_\_\_ Rural \_\_\_\_\_

**Clothing Styles**

Business \_\_\_\_\_ Casual \_\_\_\_\_

Stylish \_\_\_\_\_

Sexy (Woman) \_\_\_\_\_

Other (Be Specific) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Type of Work**

Blue Collar (i.e. Plumber, Carpenter, Mason, Electrician, etc.) \_\_\_\_\_

White Collar (i.e. Office Worker, Doctor, Lawyer, Accountant, etc.) \_\_\_\_\_

**Work Status:** On Disability \_\_\_\_\_ Unemployed \_\_\_\_\_ Full time \_\_\_\_\_

Part time \_\_\_\_\_ Self-Employed \_\_\_\_\_

Retired \_\_\_\_\_

**Personality Traits**

Extrovert \_\_\_\_\_ Quiet (Introvert) \_\_\_\_\_

Shy \_\_\_\_\_ Gregarious \_\_\_\_\_

Humble \_\_\_\_\_ Confident \_\_\_\_\_

Supportive \_\_\_\_\_ Reliable \_\_\_\_\_

Meticulous \_\_\_\_\_ Optimistic \_\_\_\_\_

Other (Be Specific) \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Salary Range**

$30,000 or less \_\_\_\_\_

$31,000 - $50,000 \_\_\_\_\_

$51,000 - $75,000 \_\_\_\_\_

$76,000 - $100,000 \_\_\_\_\_

$101,000 - $250,000 \_\_\_\_\_

$251,000 or more \_\_\_\_\_

**Level of Physical Activity:** None \_\_\_\_\_ Minimal \_\_\_\_\_ Moderate \_\_\_\_\_

High \_\_\_\_\_

**Interests**

Write down three primary interests you would want your partner to share with you. Here are some examples. Travel, cooking, hiking, volunteering, learning, dancing, art, theater, history etc.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Intimacy Level/Activity**

Low \_\_\_\_\_ Medium \_\_\_\_\_ High \_\_\_\_\_

**Is romance important to you?**

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what level?

Low \_\_\_\_ Medium \_\_\_\_ High \_\_\_\_\_

**Are communication skills important to you?**

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, how important?

Low level \_\_\_\_\_

Medium level \_\_\_\_\_

High level \_\_\_\_\_