

# DEEPEN YOUR RELATIONSHIP with Hobbies for Couples

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It's important for couples to do more together than just eat dinner and watch TV. There's a whole world of activities that are available for the two of you to enjoy together. **The right hobby can be fun and deepen your relationship at the same time.**

Couples that play together stay together!

**Consider these options and then use these as a springboard to more ideas:**

1. **Games.** Games aren't just for kids. Instead of sharing the couch and watching a movie, sit face to face and play a game. You can even play a video game. Share a few laughs over a game and chat.
2. **Book club for just the two of you.** Choose a book that interests you both and read it. Read the first chapter or two and have a conversation about the book. It's interesting how two people can interpret the same experience quite differently. Take turns choosing a book while keeping the other person's tastes in mind.
3. **Sailing.** It's not easy to sail by yourself. One of you can work the sail while the other steers. If you don't know how to sail, take a class. Sailing requires great teamwork and the ability to anticipate your partner's choices.
4. **Wine Tasting.** Buy a respectable bottle of wine and share it. Analyze the taste together. A little wine never hurt anyone's mood, either. This hobby dovetails nicely with a cooking hobby.

5. **Exercise.** Exercise doesn't have to be boring. **Find a physical activity that you both enjoy** and do it together. Struggling and sweating together can strengthen your relationship.
  
6. **Crossword puzzles.** Not many people can complete a tough crossword puzzle alone, but it's often doable with a partner. It's a lot more fun, too. There are plenty of free puzzles online you can print out and work together.
  
7. **Cooking.** A few people like to cook alone. Far more people like to cook with a partner. Pick a new dish that appeals to both of you and go shopping for supplies together. Divide up the cooking tasks and get busy. Cooking can also be a great time to do a little wine tasting, too.
  
8. **Gardening.** **This can be an enjoyable and peaceful time to spend together.** Plan out your garden, plant your seeds, and maintain your garden together. Harvest what you've planted and then cook a meal together.
  
9. **Puzzles.** When was the last time you did a jigsaw puzzle? Puzzles aren't everyone's cup of tea, but it's a great bonding experience for those couples that enjoy them.
  
10. **Dancing.** Take a class together. Watch a YouTube video. Or just turn on some music. **Dancing is fun, great exercise, and a wonderful experience to share.** When was the last time you danced together? You both had a good time, didn't you?
  
11. **Hiking.** There are lots of people that don't like to exercise, but nearly everyone likes to hike. Spending a beautiful day together in nature can deepen any relationship. All you need is a decent pair of shoes.

12. **Birdwatching.** Birdwatching can be similar to hiking with less walking. This is another way to get outside and enjoy nature together. Work your way through a local bird guide and see just how many species you can identify.

Instead of spending another night or weekend doing the same old routine, explore a hobby together. **A shared hobby can bring a new level of closeness to your relationship.** Shake things up in your relationship by finding and experiencing a hobby together. Don't give up until you find one that you both enjoy.